Hillcrest Happenings

Upcoming Events

Sept. 1st: Farmer's Market/Ehmen Park 5-7 PM

Sept. 3rd: NE vs North Dakota 2:30 PM (BTN)

Sept. 5th: Office Closed in Observance of Labor Day

Sept. 10th: NE vs Georgia Southern 6:30 PM (FS1)

Sept. 14th: Carry-in Dinner 12 PM

Sept. 15th: Farmer's Market/Ehmen Park 5-7 PM

Sept. 17th: NE vs Oklahoma 11 AM (FOX)

Sept. 17th: Harvest Festival Parade 10 AM

Sept. 22nd: Farmer's Market/Ehmen Park 5-7 PM

Sept. 27th: BINGO 2 PM

Sept. 29th: Farmer's Market/Ehmen Park 5-7 PM

September 14th Carry-In Dinner 12 PM

Dinner is better when we eat together!

Hostesses: Joyce & Connie

Subs: Cheryl & Karen M.









Cheryl-24th



Anniversaries

Joyce-2007

Hazel-2015

Teri-2019

Connie-2019

Scott-2020

Tammy-2020

Eric-2021

Lucy-2021

Reminder to review your **Pet Policy**

Animals should not be in or around where food is being served.

This includes: Coffee Hours & Tenant Dinners

If you are a pet owner, please respect others who either do not like or have allergies.

If you have any questions, please feel free to stop at the office and speak to anyone of us.

Thank you



If you didn't join us for Brunch, you certainly missed out! The food was absolutely amazing!

















Pork Stir Fry For One

A pork stir fry recipe that's easy to make and filled with flavor. Ground pork seasoned perfectly and cooked with vegetables served with a terrific sauce over rice. Ready in under 30 minutes!

Prep Time	Cook Time	Total Time
10 mins	15 mins	25 mins

Course: Main Course Cuisine: Chinese

Keyword: garlic and ginger stir fry, pork, pork stir fry, rice, stir fry Servings: 1 serving Calories: 455kcal Author: Joanie Zisk

Equipment

10-inch skillet

Ingredients

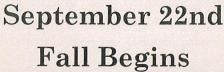
- 1/2 tablespoon olive oil
- 4 ounces ground pork
- 1/8 teaspoon kosher salt
- 1/4 cup sliced mushrooms
- 1/4 cup chopped onions
- 1 small carrot, chopped
- · 1 clove garlic, minced
- 1/8 teaspoon ground ginger
- 1 cup spinach
- 1 tablespoon low sodium soy sauce
- 1/2 teaspoon apple cider vinegar
- 1/8 teaspoon coarsely ground black pepper
- 1 cup cooked rice

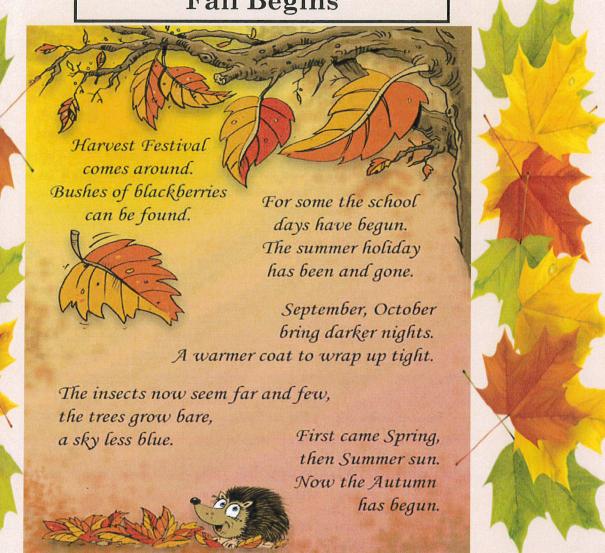
Instructions

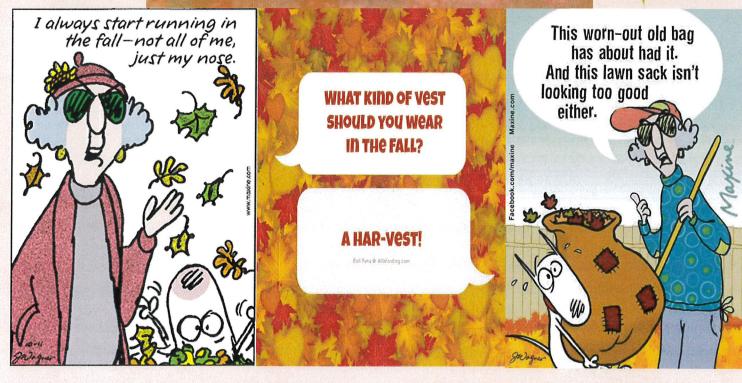
- 1. Heat the oil in a 10-inch skillet over medium-high heat. Add the ground pork to the pan and sprinkle salt over the pork. Cook, stirring frequently until completely cooked, 4 minutes. Remove pork from the pan and set it aside.
- 2. Add the mushrooms, onions, and chopped carrots to the pan. Cook, stirring occasionally for 2 minutes.
- 3. Add the garlic and ginger and cook, stirring for 30 seconds.
- 4. Stir in the spinach, soy sauce, vinegar, and pepper. Cook, stirring constantly until the spinach wilts.
- 5. Stir in the cooked pork.
- 6. Serve over rice.

Nutrition

Serving: 1serving | Calories: 455kcal | Carbohydrates: 57g | Protein: 32g | Fat: 12g | Saturated Fat: 3g | Polyunsaturated Fat: 2g | Monounsaturated Fat: 7g | Cholesterol: 67mg | Sodium: 901mg | Potassium: 913mg | Fiber: 4g | Sugar: 5g | Vitamin A: 11175IU | Vitamin C: 17mg | Calcium: 98mg | Iron: 3mg







National Back To School Month

A YOUNG FEMALE teacher in a long black dress yanks hard on the clanging school bell to greet her students. Just hours ago she rolled out of the same bed she shared with two girl students, because half of her stipend is the free lodging provided by that local family's farmhouse.

Soon the students from ages 4 to 18 answer the bell, and the young ladies line up first in their prairie dresses in front of the one-room schoolhouse. They're followed by the young gentlemen, with overalls that have been muddied by all the farming chores at the crack of dawn. They put their coats and tin lunch pails in the hallway vestibule and get ready for a long day of lessons.

They recite the Pledge of Allegiance, but "under God" won't be part of our patriotic oath for decades. After she plays the piano for their morning songs, that strict schoolmarm will check boys' fingernails, and if any dirt remains from the farm, they'll have to pump the water from the well and scrub their hands with lye soap.

Portraits of Presidents Washington and Lincoln hang on the wall by the 37-star American flag in the small classroom, where the young gentlemen sit across from the young ladies. Any misbehaving fellow will be exiled over with the young ladies, or if he's really out of line, he'll head over to the dunce stool, or perhaps even feel the sting of a wooden paddle. There's no electricity, and an early burst of winter whips into the room. Thankfully, their teacher has already loaded up the wood in the pot-bellied stove, though that won't help a shivering child in the outhouse.

The schoolchildren sit erect in their chairs, poised with chalk in their hands ready to "compute" their addition and subtraction and multiplication tables on their little slate boards. After the spelling lessons, they'll dip turkey-quill pens into inkwells for their cursive penmanship practices.

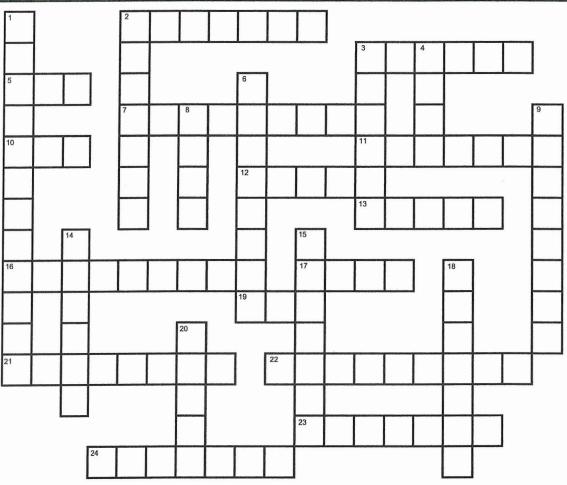
Then minds start to daydream about those lunches packed by their mothers in tobacco tins and peanut butter cans. They might get fried chicken, hard boiled eggs, or rolled-up pancakes with jam left over from breakfast, and for a lucky few there's a special treat: the lard sandwich.

In the years after Nebraska Territory was formed, rural educations and one-room schoolhouses taught children about the difficult-but-good life. By 1918 our state had nearly 7,000 of these little houses on the prairie. After America finally graduated from the Great Depression, one-room schoolhouses started vanishing almost as fast as bison did the previous century.

But Nebraska held tight to its past, and in 1986, it still had 385 one-room schoolhouses. That was more than any other state and 45 percent of the entire U.S. total. Two decades later, they were all gone. The reclassification policy placed the schools in larger districts instead of the tiny villages that sometimes had just one student in the entire school.



American Football Crossword



Across

- 2. The team that won the first super bowl was the Green Bay what?
- 3. A team strategy and motivation circle is called this
- 5. Number of NFL teams in Pennsylvania
- 7. Annual playoff championship game of the NFL
- 10. Colour of the card for a serious offense
- 11. The surname of the man that led the San Francisco forty-niners to four super bowl victories and has the nickname "Joe Cool"
- 12. This is used to describe when a single or group of plays help the offense to gain a field goal.
- 13. State that has the cowboys team
- 16. Number of teams in the NFL
- 17. State the Bengals play in
- 19. The first word of the city where the NFL headquarters are located
- 21. What the "N" stands for in NFL
- 22. This Sam is a mascot for the San Francisco fortyniners
- 23. Surname of the only person to play in the Superbowl and World Series
- 24. NFL team the Minnesota _____

Down

- 1. When a forward pass is caught by an opposing player
- 2. Another name for the ball in American football
- 3. Equipment to protect the head
- 4. The period in which play transpires in American football
- The field in American football
- 8. A kick made by dropping the ball from the hands and kicking before it hits the ground
- New England team
- 14. Timothy Mara is the founding owner of this team
- 15. The first football team to have 20 consecutive winning seasons between 1966-1985
- 18. Florida NFL team
- 20. The nickname of the NFL great Lance Alworth which is also a Disney movie title character



Who Am I?



I was born and raised in Gothenburg. My mother raised myself and 1 brother and 1 sister by herself after our father passed away when I was a year old.

My favorite childhood memory is when we had taken a family trip to Florida and the east coast to visit Disney World and to get to see

Washington DC's Capitol.

Favorite Color: Blue

Favorite Food: Coconut shrimp

Pet Peeve: When someone's blinds in their

window are crooked!

Hobbies: Collecting chickens *Any guesses as to who I am???*



I was raised in Gothenburg by my mother and father. I have 4 other siblings.

My favorite memories as a child are of Christmas's and family gatherings.

Favorite Color: Green, pink & purple Favorite Food: Ham balls

Pet Peeve: People not stopping at stop signs!

Hobbies: Camping

Do you know who I am???



For window cleaning service with a smile, contact Nancy at the office!





ULTIMATE FALL CLEANING CHECKLIST

□ BEDROOM

Launder quilts, duvet covers, and comforters
Change bed linens
Vacuum and freshen all carpets and rugs
Clear cobwebs from ceilings
Wash windows and mirrors
Vacuum and clean window sills
Wipe light switches and door handles
De-clutter and dust furniture and shelves
Dust light fixtures and fans

□ BATHROOM

Wash shower curtain and liner
Scrub Tile, Tub, and Shower
Clear and clean all surfaces
Clear cobwebs from ceilings
Wash windows and mirrors
Vacuum and clean window sills
Wipe light switches and door handles
Launder all towels
Dust light fixtures and fans

□ OUTDOOR SPACES

Sweep porches and decks Remove cobwebs on porches and decks Store outdoor furniture and flower pots

MAIN LIVING AREAS

Vacuum and freshen all carpets and rugs
Clear cobwebs from ceilings
Wash windows
Vacuum and clean window sills
Wipe light switches and door handles
De-clutter and dust furniture and shelves
Dust light fixtures and fans
Change heater filter as necessary
Vacuum and wipe down heater vents

KITCHEN

Scrub Tile, Sink, Stove, and Oven
Clean all surfaces and polish stainless steel
Clear cobwebs from ceilings
Wash windows, mirrors, and glass cabinets
Vacuum and clean window sills
Wipe light switches and door handles
Clean all appliances
Dust light fixtures and fans
Wipe down and polish wood cabinets

Gothenburg Housing Authority

810 20th St. Gothenburg, NE 69138

Phone: 308-537-7275 Fax: 308-537-3695 Email: ghousing@gburgfiber.com

OFFICE HOURS: Monday thru Friday (except holidays) 8 A.M. to 4:30 P.M.

Website: www.gothenburg-housing.com

LIKE US ON FACEBOOK



Gha Authority

Mission Statement

The Gothenburg Housing Authority is committed to providing adequate and affordable housing in a professional, fiscally prudent manner that sustains families, supports community needs, and promotes economic opportunity.



Equal Housing Opportunity

AFTER HOURS Emergencies Only!

Maintenance: 308-529-7714

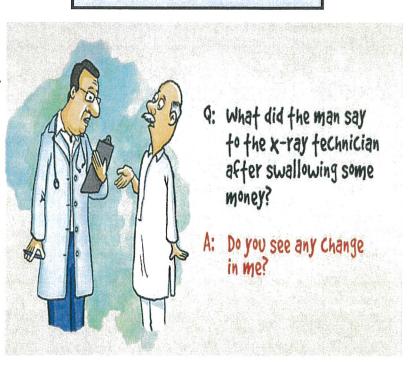
308-529-7332

Executive Director: *Gerri*~308-708-0223 Admin. Assistant: *Nancy*~308-537-2275

Office Manager: LaDonna~308-539-2686

Who Am I Answers

- 1. Pam B.
- 2. Karan S.



American Football Crossword

Doar a Or	Directors
Cindy Soller	308-537-2125
Kyle Fornoff	308-537-3600
Joni Birnie	308-529-1760
Brennon Malcom	308-537-2321
Jill Rubenthaler	308-537-3668
Travis Pieper	308-537-7577

Board of Director

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SEPTEMBER 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				Farmer's Market Ehmen Park 5-7 P.M.	Coffee 3 PM	NE vs North Dakota 2:30 P.M. (BTN)
Johnson Lake Fireworks Show After Dark	Closed HADDY LABOR DAY ***	Coffee 9 AM	NATIONAL SALAMI — DAY —	Farmer's Market Ehmen Park 5-7 P.M.	Coffee 3 PM	
HAPPY GRANDPARENTS DAY!	12	Board Mtg. 8 A.M.	14 Carry-in Meal 12 P.M.	Farmer's Market Ehmen Park 5-7 P.M.	*NATIONAL *POW/MIA RECOGNITION DAY Coffee 9 AM	NE vs Oklahoma 11 A.M. (FOX)
HAPPY BIRTHDAY AIRFORCE SETTIGATIVE ATTRIBUTE ATTRIBUTE SETTIGATIVE ATTRIBUTE ATTRIBUTE SETTIGATIVE ATTRIBUTE SETTIGATIVE ATTRIBUTE SETTIGATIVE SETICATIVE SETICAT	19	NATIONAL VOTER REGISTRATION DAY Coffee 9 AM	NITERNATIONAL PEACE DAY	Farmer's Market Ehmen Park 5-7 P.M. Autumn Begins	Coffee 9 AM	Cheryl
WORLD LUNG DAY 25 september	26	BINGO 2 P.M.	National Good Neighbor Day	Farmer's Market Ehmen Park 5-7 P.M.	30	



THURSDAY, SEPT. 15

- Chalk the Walk Downtown all day
- Snag the Flags Team Challenge 5:30-7 pm, begins at Ehmen Park Teams of 2-6, collect all the flags to win, register at the Chamber office
- Dog-N-Jog 8 pm at Lake Helen
 - Sponsored by Eastside Animal Center; contact Eastside to register

FRIDAY, SEPT. 16

- Party in the Park 6-8 pm at Ehmen Park
 - Kids pet parade & costume contest hosted by Wet Paws at 6:30 pm
 - Rock climbing wall sponsored by Flatwater Bank
 - Games, food, music & fun
- Swede Tailgate & Watch Party at Ehmen Park
 - Tailgate meal 7-8 pm sponsored by The BURG
 - Watch the Swede football team vs. Alliance on the big screen outdoors 8-10 pm
 - Jumbo family games
- Glow Party 9-11 pm at Ehmen Park
 - Bring a lawn chair and enjoy fun in the dark with music by DJ Ca\$hman

SATURDAY, SEPT. 17

- Mobile Breakfast 8 am along Lake Avenue by Swede Tennis Team
- Harvest Festival Parade 10 am along Lake Avenue
- Methodist Church Lunch 11 am at the church
- Arts in the Park 11 am to 3 pm in Ehmen Park
- Bed Races 2 pm in Ehmen Park sponsored by Gymnastics West
- Beer Garden, Live Music & Cornhole 4 pm at Sun Theatre
 - Live music by Bases Loaded; food; register for cornhole at the Chamber (21 & older)

SUNDAY, SEPT. 18

- Lions Club Pancakes in the Park 7 am in Ehmen Park
- Praise in the Park 8 am in Ehmen Park
 - Bring a lawn chair for this interdenominational praise party
- YMCA Co-Ed Softball Tournament 9 am at the Four-Plex
 - Pre-registration required; contact the YMCA for information; concessions on site
- Car Show 11 am to 3 pm in Ehmen Park
 - Registration begins at 9 am; contact Mike Earll for information
 - Live music by Stan Mitchell 11-3 pm
- Barbecue Blowout Contest 12-2 pm in Ehmen Park
 - Pre-registration required to compete; Judging & People's Choice prizes
 - Taste them all for \$5 per plate
- Free Family Movie 1 pm at the Sun Theatre

HARVEST FESTIVAL IS ORGANIZED BY THE GOTHENBURG CHAMBER OF COMMERCE

CRESTVIEW HAPPENINGS

Volume 1, Issue 1

Gothenburg Housing
Authority

September 2022

September Events

Sept. 1st: Farmer's Market/Ehmen Park 5-7 PM

Sept. 3rd: NE vs North Dakota 2:30 PM (BTN)

Sept. 5th: Office Closed in Observance of Labor Day

Sept. 6th: Rent Pick-Up 2 PM

Sept. 8th: Farmer's Market/Ehmen Park 5-7 PM

Sept. 10th: NE vs Georgia Southern 6:30 PM (FS1)

Sept. 14th: Tailgate Party 12 PM

Sept. 14th: Board Meeting 1 PM

Sept. 15th: Farmer's Market/Ehmen Park 5-7 PM

Sept. 17th: NE vs Oklahoma 11 AM (FOX)

Sept. 17th: Harvest Festival Parade/Lake Ave. 10 AM

Sept. 19th: Social Hour & Coffee 2 PM

Sept. 22nd: Farmer's Market/Ehmen Park 5-7 PM

Sept. 28th: BINGO 2 PM



It's football season!

Time to have a Tailgate Party!

September 14th @ 12PM

GHA will be providing the meat if you would like to bring a side dish or dessert!

Lunch with this group of ladies is never dull! We had a great time reminiscing about the naughty things some did to their siblings and parents to the good times some got to spend with their grandparents/great-grandparents back in the good old days! Thanks for the laughs ladies!

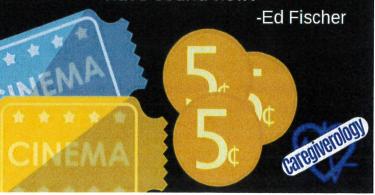


The best things about

the good

old days was that I wasn't good and I wasn't old. Joe was the type who loved to talk about the good old days. At a movie, he told the girl who handed him his fivedollar ticket, "I can remember when a movie ticket was only fifteen cents."

"You're really going to enjoy this movie then, sir," said the ticket girl. "We have sound now."



Pork Stir Fry For One

A pork stir fry recipe that's easy to make and filled with flavor. Ground pork seasoned perfectly and cooked with vegetables served with a terrific sauce over rice. Ready in under 30 minutes!

Prep Time	Cook Time	Total Time
10 mins	15 mins	25 mins

Course: Main Course Cuisine: Chinese

Keyword: garlic and ginger stir fry, pork, pork stir fry, rice, stir fry

Servings: 1 serving Calories: 455kcal Author: Joanie Zisk

Equipment

10-inch skillet

Ingredients

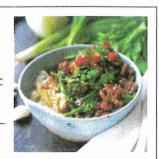
- 1/2 tablespoon olive oil
- 4 ounces ground pork
- 1/8 teaspoon kosher salt
- ¼ cup sliced mushrooms
- ¼ cup chopped onions
- 1 small carrot, chopped
- · 1 clove garlic, minced
- ½ teaspoon ground ginger
- 1 cup spinach
- 1 tablespoon low sodium soy sauce
- ½ teaspoon apple cider vinegar
- 1/8 teaspoon coarsely ground black pepper
- 1 cup cooked rice

Instructions

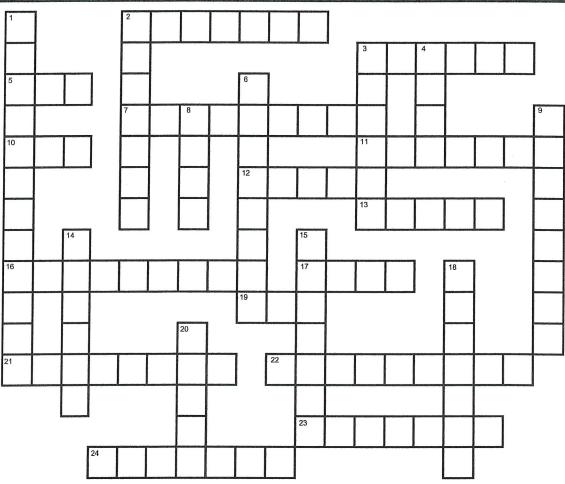
- Heat the oil in a 10-inch skillet over medium-high heat. Add the ground pork to the pan and sprinkle salt over the pork. Cook, stirring frequently until completely cooked, 4 minutes.
 Remove pork from the pan and set it aside.
- 2. Add the mushrooms, onions, and chopped carrots to the pan. Cook, stirring occasionally for 2 minutes.
- 3. Add the garlic and ginger and cook, stirring for 30 seconds.
- 4. Stir in the spinach, soy sauce, vinegar, and pepper. Cook, stirring constantly until the spinach wilts.
- 5. Stir in the cooked pork.
- 6. Serve over rice.

Nutrition

Serving: 1serving | Calories: 455kcal | Carbohydrates: 57g | Protein: 32g | Fat: 12g | Saturated Fat: 3g | Polyunsaturated Fat: 2g | Monounsaturated Fat: 7g | Cholesterol: 67mg | Sodium: 901mg | Potassium: 913mg | Fiber: 4g | Sugar: 5g | Vitamin A: 11175IU | Vitamin C: 17mg | Calcium: 98mg | Iron: 3mg



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- 20. The nickname of the NFL great Lance Alworth which is also a Disney movie title character



Gothenburg Housing Authority

810 20th 308-537-7275 Fax: 308-537-3695

OFFICE HOURS Monday thru Friday (except holidays) 8:00 AM to 4:30 PM

AFTER HOURS

Emergencies Only

Maintenance: 308-529-7714

308-529-7332

Executive Director: Gerri~ 308-708-0223

Admin. Assistant: Nancy~308-537-2275 Office Manager: LaDonna~308-529-2686

Website: www.gothenburg-housing.com



LIKE US ON FACEBOOK

at: Gha Authority

Mission Statement

The Gothenburg Housing Authority is committed to providing adequate and affordable housing in a professional, fiscally prudent manner that sustains families, supports community needs, and promotes economic opportunity.



Equal Housing Opportunity

Q: What did the man say to the x-ray technician after swallowing some money? A: Do you see any change in me?

Board of Directors

Jackie Kuxhausen	308-537-2402
Jim Hudson	308-784-4919
Charlene Ogier	308-537-3863
Eldon Rodine	308-529-1199
Jack Kniss	308-537-3008
Patty Barkmeier	308-529-2847

American Football Crossword

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eptember = Sat Sun Mon Tue Thu Fri RRAG Farmer's COCONUE DAY Market **Ehmen Park** 5-7 P.M. NE vs North Dakota 2:30 P.M. (BTN) 4 6 8 **OFFICE** Rent Due Farmer's **WKER CLOSED Market Ehmen Park** NE vs 5-7 P.M. Georgia HAPPY LABOR Southern DAY 6:30 P.M. (FS1) 13 14 16 15 BRAD Tailgate Farmer's **Party** Market 12 P.M. **Ehmen Park** PÔW*MIA 5-7 P.M. NE vs YOU ARE NOT FORGOTTEN Oklahoma HAPPY Board Mtg. 11 A.M. GRANDPARENTS 1 P.M. (FOX) DAY! 21 18 19 22 20 24 Social Hour Farmer's & Coffee Market HAPPY BIRTHDAY 2 P.M. **Ehmen Park** 5-7 P.M. AIR FORCE 26 25 27 28 29 30 **BINGO** Farmer's 2:00 P.M. Market **ANCESTOR Ehmen Park** APPRECIATION 5-7 P.M. **WORLD LUNG DAY** 27 SEPTEMBER 16 21 27 60 25 september



THURSDAY, SEPT. 15

- Chalk the Walk Downtown all day
- Snag the Flags Team Challenge 5:30-7 pm, begins at Ehmen Park - Teams of 2-6, collect all the flags to win, register at the Chamber office
- Dog-N-Jog 8 pm at Lake Helen
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 - Jumbo family games
- Glow Party 9-11 pm at Ehmen Park
 - Bring a lawn chair and enjoy fun in the dark with music by DJ Cashman

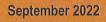
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 - Live music by Bases Loaded; food; register for cornhole at the Chamber (21 & older)

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- Lions Club Pancakes in the Park 7 am in Ehmen Park
- Praise in the Park 8 am in Ehmen Park
 - Bring a lawn chair for this interdenominational praise party
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 - Pre-registration required; contact the YMCA for information; concessions on site
- Car Show 11 am to 3 pm in Ehmen Park
 - Registration begins at 9 am; contact Mike Earll for information
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- Barbecue Blowout Contest 12-2 pm in Ehmen Park
 - Pre-registration required to compete; Judging & People's Choice prizes
 - Taste them all for \$5 per plate
- Free Family Movie 1 pm at the Sun Theatre

HARVEST FESTIVAL IS ORGANIZED BY THE GOTHENBURG CHAMBER OF COMMERCE





Scattered Sites

And all at once, summer collapsed into fall!

Fall is arriving and the leaves will be falling. Remember, you must not pile your grass, branches or leaves on Housing Authority property! They have to be hauled away! Grass clippings, leaves and branches may be taken to the compost site located southwest of town. Please pick up the toys and miscellaneous items in the yard before the snow falls as well. Also, anything pertaining to spring and summer needs to be put away for the winter.

Please remember to clean out your gutters, flower beds and pots and

continue to water your yard while it is still nice!

Yard of the Month

Congratulations to August's
Yard of the Month Winner
for keeping up their yard all
summer!!! The
family has been awarded
Swede Bucks for keeping
such a beautiful and well
maintained yard!

THANK YOU for all of your hard work!!



It's that time of the year! The kiddos are back in school! If you are in need of school supplies you may not have gotten, stop by the office to see what we have left in stock to help you out!



HVAC System

To most efficiently use the AC/Furnace, remember to clean the register in the wall above your furnace. When using your AC/Furnace, remember to keep your doors and windows closed to get the most efficient use. It is best to set your thermostat at one temperature and leave it there and not continue to turn it up and down.



Please clean out your dryer vents! This will help save you money with more efficient airflow, extend your dryer life, and reduce the risk of a fire starting should the vent get full and air cannot pass through. Do not leave your dryer on if you should leave the unit!

Dryer Cleaning Tips



DID YOU KNOW? EVERY YEAR, OVER 2900 PEOPLE EXPERIENCE A DRYER RELATED FIRE IN THEIR HOME.



Small pieces of lint can pass through the lint screen and build up in the vent overtime. This build up becomes a fire risk when heat and sparks are generated during dryer cycle.

Why Do You Need to Clean the Dryer Vent?



Clean the vent once a season, or at least at the beginning and end of winter (when the dryer sees the most usage). The more you use your dryer, the more often you will need to clean.

How Often Should You Clean Your Vent?



Clean the lint trap after every use, and keep the area around the dryer clear of dust. Also keep the area around external vent clean and use a vent cover to protect against debris.

How Can You Reduce Lint Buildup?

Gothenburg Housing Authority

810 20th St. Gothenburg, NE 69138

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AFTER HOURS Emergencies Only!

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308-529-7332

Executive Director: *Gerri*~308-708-0223 Admin. Assistant: *Nancy*~308-537-2275 Office Manager: *LaDonna*~308-539-2686

Board of Directors

Cindy Soller	308-537-2125
Kyle Fornoff	308-537-3600
Joni Birnie	308-529-1760
Brennon Malcom	308-537-2321
Jill Rubenthaler	308-537-3668
Travis Pieper	308-537-7577



THURSDAY, SEPT. 15

- Chalk the Walk Downtown all day
- Snag the Flags Team Challenge 5:30-7 pm, begins at Ehmen Park - Teams of 2-6, collect all the flags to win, register at the Chamber office
- Dog-N-Jog 8 pm at Lake Helen
 - Sponsored by Eastside Animal Center; contact Eastside to register

FRIDAY, SEPT. 16

- Party in the Park 6-8 pm at Ehmen Park
 - Kids pet parade & costume contest hosted by Wet Paws at 6:30 pm
 - Rock climbing wall sponsored by Flatwater Bank
 - Games, food, music & fun
- Swede Tailgate & Watch Party at Ehmen Park
 - Tailgate meal 7-8 pm sponsored by The BURG
 - Watch the Swede football team vs. Alliance on the big screen outdoors 8-10 pm
 - Jumbo family games
- Glow Party 9-11 pm at Ehmen Park
 - Bring a lawn chair and enjoy fun in the dark with music by DJ Cashman

SATURDAY, SEPT. 17

- Mobile Breakfast 8 am along Lake Avenue by Swede Tennis Team
- Harvest Festival Parade 10 am along Lake Avenue
 Methodist Church Lunch 11 am at the church
- Arts in the Park 11 am to 3 pm in Ehmen Park
- Bed Races 2 pm in Ehmen Park sponsored by Gymnastics West
- Beer Garden, Live Music & Cornhole 4 pm at Sun Theatre
 - Live music by Bases Loaded; food; register for cornhole at the Chamber (21 & older)

SUNDAY, SEPT. 18

- Lions Club Pancakes in the Park 7 am in Ehmen Park
- Praise in the Park 8 am in Ehmen Park
 - Bring a lawn chair for this interdenominational praise party
- YMCA Co-Ed Softball Tournament 9 am at the Four-Plex
 - Pre-registration required; contact the YMCA for information; concessions on site
- Car Show 11 am to 3 pm in Ehmen Park
 - Registration begins at 9 am; contact Mike Earll for information
 - Live music by Stan Mitchell 11-3 pm
- Barbecue Blowout Contest 12-2 pm in Ehmen Park
 - Pre-registration required to compete; Judging & People's Choice prizes
 - Taste them all for \$5 per plate
- Free Family Movie 1 pm at the Sun Theatre

HARVEST FESTIVAL IS ORGANIZED BY THE GOTHENBURG CHAMBER OF COMMERCE

Jefferson Square

September 2022

Upcoming Events & Happenings

Sept. 1st: Farmer's Market/Ehmen Park 5-7 PM

Sept. 3rd: NE vs North Dakota 2:30 PM

Sept. 4th: Johnson Lake Fireworks Show/After

Dark

Sept. 5th: GHA Office is *Closed* in Observance of Labor Day

Sept. 8th: Farmer's Market/Ehmen Park 5-7 PM

Sept. 10th: NE vs Georgia Southern 6:30 PM (FS1)

Sept. 14th: Hillcrest Carry-In Dinner

Sept. 15th: Farmer's Market/Ehmen Park 5-7 PM

Sept. 17th: NE vs Oklahoma 11 AM (FOX)

Sept. 17th: Harvest Festival Parade 10 AM

Sept. 22nd: Farmer's Market/Ehmen Park 5-7 PM

Sept. 27: BINGO 2 PM/Community Room

Sept. 29th:Farmer's Market/Ehmen Park 5-7 PM





First came Spring, then Summer sun. Now the Autumn has begun.





National Back To School Month

A YOUNG FEMALE teacher in a long black dress yanks hard on the clanging school bell to greet her students. Just hours ago she rolled out of the same bed she shared with two girl students, because half of her stipend is the free lodging provided by that local family's farmhouse.

Soon the students from ages 4 to 18 answer the bell, and the young ladies line up first in their prairie dresses in front of the one-room schoolhouse. They're followed by the young gentlemen, with overalls that have been muddied by all the farming chores at the crack of dawn. They put their coats and tin lunch pails in the hallway vestibule and get ready for a long day of lessons.

They recite the Pledge of Allegiance, but "under God" won't be part of our patriotic oath for decades. After she plays the piano for their morning songs, that strict schoolmarm will check boys' fingernails, and if any dirt remains from the farm, they'll have to pump the water from the well and scrub their hands with lye soap .

Portraits of Presidents Washington and Lincoln hang on the wall by the 37-star American flag in the small classroom, where the young gentlemen sit across from the young ladies. Any misbehaving fellow will be exiled over with the young ladies, or if he's really out of line, he'll head over to the dunce stool, or perhaps even feel the sting of a wooden paddle. There's no electricity, and an early burst of winter whips into the room. Thankfully, their teacher has already loaded up the wood in the pot-bellied stove, though that won't help a shivering child in the outhouse.

The schoolchildren sit erect in their chairs, poised with chalk in their hands ready to "compute" their addition and subtraction and multiplication tables on their little slate boards. After the spelling lessons, they'll dip turkey-quill pens into inkwells for their cursive penmanship practices.

Then minds start to daydream about those lunches packed by their mothers in tobacco tins and peanut butter cans. They might get fried chicken, hard boiled eggs, or rolled-up pancakes with jam left over from breakfast, and for a lucky few there's a special treat: the lard sandwich.

In the years after Nebraska Territory was formed, rural educations and one-room schoolhouses taught children about the difficult-but-good life. By 1918 our state had nearly 7,000 of these little houses on the prairie. After America finally graduated from the Great Depression, one-room schoolhouses started vanishing almost as fast as bison did the previous century.

But Nebraska held tight to its past, and in 1986, it still had 385 one-room schoolhouses. That was more than any other state and 45 percent of the entire U.S. total. Two decades later, they were all gone. The reclassification policy placed the schools in larger districts instead of the tiny villages that sometimes had just one student in the entire school.



Pork Stir Fry For One

A pork stir fry recipe that's easy to make and filled with flavor. Ground pork seasoned perfectly and cooked with vegetables served with a terrific sauce over rice. Ready in under 30 minutes!

Prep Time	Cook Time	Total Time
10 mins	15 mins	25 mins

Course: Main Course Cuisine: Chinese

Keyword: garlic and ginger stir fry, pork, pork stir fry, rice, stir fry Servings: 1 serving Calories: 455kcal Author: <u>Joanie Zisk</u>

Equipment

10-inch skillet

Ingredients

- ½ tablespoon olive oil
- 4 ounces ground pork
- 1/8 teaspoon kosher salt
- 1/4 cup sliced mushrooms
- 1/4 cup chopped onions
- 1 small carrot, chopped
- 1 clove garlic, minced
- 1/8 teaspoon ground ginger
- 1 cup spinach
- 1 tablespoon low sodium soy sauce
- 1/2 teaspoon apple cider vinegar
- 1/8 teaspoon coarsely ground black pepper
- 1 cup cooked rice

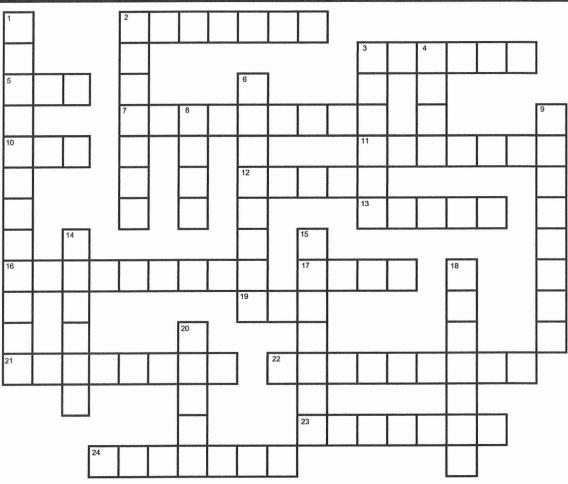
Instructions

- 1. Heat the oil in a <u>10-inch skillet</u> over medium-high heat. Add the ground pork to the pan and sprinkle salt over the pork. Cook, stirring frequently until completely cooked, 4 minutes. Remove pork from the pan and set it aside.
- 2. Add the mushrooms, onions, and chopped carrots to the pan. Cook, stirring occasionally for 2 minutes.
- 3. Add the garlic and ginger and cook, stirring for 30 seconds.
- 4. Stir in the spinach, soy sauce, vinegar, and pepper. Cook, stirring constantly until the spinach wilts.
- 5. Stir in the cooked pork.
- 6. Serve over rice.

Nutrition

Serving: 1serving | Calories: 455kcal | Carbohydrates: 57g | Protein: 32g | Fat: 12g | Saturated Fat: 3g | Polyunsaturated Fat: 2g | Monounsaturated Fat: 7g | Cholesterol: 67mg | Sodium: 901mg | Potassium: 913mg | Fiber: 4g | Sugar: 5g | Vitamin A: 11175IU | Vitamin C: 17mg | Calcium: 98mg | Iron: 3mg

American Football Crossword



Across

- 2. The team that won the first super bowl was the Green Bay what?
- 3. A team strategy and motivation circle is called this
- 5. Number of NFL teams in Pennsylvania
- 7. Annual playoff championship game of the NFL
- 10. Colour of the card for a serious offense
- 11. The surname of the man that led the San Francisco forty-niners to four super bowl victories and has the nickname "Joe Cool"
- 12. This is used to describe when a single or group of plays help the offense to gain a field goal.
- 13. State that has the cowboys team
- 16. Number of teams in the NFL
- 17. State the Bengals play in
- 19. The first word of the City where the NFL headquarters are located
- 21. What the "N" stands for in NFL
- 22. This φ is a mascot for the φ an Francisco fortyniners
- 23. Surname of the only person to play in the Superbowl and World Series
- 24. NFL team the Minnesota

Down

- 1. When a forward pass is caught by an opposing player
- 2. Another name for the ball in American football
- 3. Equipment to protect the head
- 4. The period in which play transpires in American football
- 6. The field in American football
- 8. A kick made by dropping the ball from the hands and kicking before it hits the ground
- 9. New England team
- 14. Timothy Mara is the founding owner of this team
- The first football team to have 20 consecutive winning seasons between 1966-1985
- 18. Florida NFL team
- 20. The nickname of the NFL great Lance Alworth which is also a Disney movie title character



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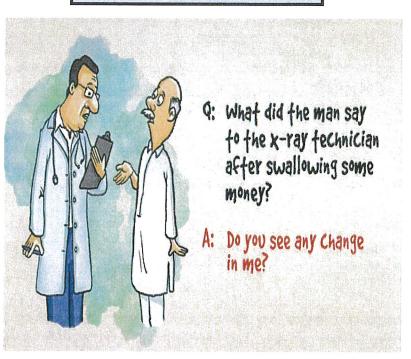
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Who Am I Answers

- 1. Pam B.
- 2. Karan S.



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American Football Crossword

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