

HILLCREST HAPPENINGS

Gothenburg Housing Authority

July 2023

Carry-In Dinner
July 12th
12 P.M.



Please plan to bring a covered dish, salad or dessert.

Hostesses: Lucy & Karan S.

PEOPLE
WHO LOVE TO EAT
ARE ALWAYS
THE BEST
PEOPLE.



BINGO!

Tuesday, July 25th
@ 2:00 P.M.





Happy Birthday
wishes to everyone born in the month of
JULY!



Darlene—6th



Davius—17th



Carolyn—22nd



Phillip—26th

Move-In Anniversary
Jessica-2020



Ernie Blecha for entertaining the tenants during their monthly meal!
The tenants enjoyed singing along!



INDEPENDENCE DAY

K V H Y E F A M I L Y R E U N I O N F N
B I L L O F R I G H T S G H N I Z B B V
M S T A M P A C T M Q S M P Z H E S N Z
S B G C B M O L L A B E S A B N N T C N
H E O O L F Z S K B A O F R J M T A Y O
F S P N D T R Q U H B V Q A T B U R L T
O O F I F B J E L M Y E M D N N C S L G
U V B Q R I L W E Z M I B E E S I P I N
N E A C D T R E I D N E V D M K T A B I
D R G O O A S E S F O C R V N R C N E H
I E C R H N U D R S I M K B R O E G R S
N I O O U R G A N N A C A W E W N L T A
G G Z L L C N R C A E M I R V E N E Y W
F N S H U K V I E N S A E V O R O D O E
A T W N L W P P V S V R P R G I C B Z G
T Y E I W Z K Z E Z S U A Y I F A A Q R
H Q N S U Y A D I L O H Y T V C P N B O
E O J D O Y R O T S I H O Z S E A N L E
R I N D E P E N D E N C E S V L H E J G
S X Z K J I E U C E B R A B H D Z R I I

WORD LIST

BARBECUE
BASEBALL
BENJAMIN FRANKLIN
BILL OF RIGHTS
BONFIRE
CONGRESS
CONNECTICUT
INDEPENDENCE
FAMILY REUNION

FIREWORKS
FOUNDING FATHERS
FREEDOM
GEORGE WASHINGTON
GOD BLESS AMERICA
GOVERNMENT
HISTORY
HOLIDAY
LIBERTY

PARADE
PICNIC
SOVEREIGNTY
STAMP ACT
STAR SPANGLED BANNER
STARS AND STRIPES
SUMMER



Should The Windows Be Open When Running the Air Conditioner?

NO! You are actually doing more harm than good to your HVAC system.

If you are constantly allowing warm, outdoor air to enter the room, the air conditioner will have to keep working in order to cool the new air. This means that it will run longer and harder, putting stress on your system and raising the chances that it will malfunction sooner than it otherwise would.

In order for an AC to cool, it has to take the moisture out of the air. And leaving the windows open can let in too much moisture.

PLEASE LEAVE YOUR SCREEN DOORS AND WINDOWS SHUT WHILE RUNNING THE AC!

Should there be a power outage and your TV goes out, you must have patience for the box to reboot itself!

It will take several minutes for the cable box to reboot, so do not keep pushing buttons on the remote! This will only make matters worse.

Reminder: Your TV going out is NOT considered an After Hours Emergency and we will not come up to get it going for you until regular business hours!



Please ride your bicycle/scooters, etc.. around the outside perimeter only of the Housing Authority. This is to ensure the safety of tenants who may be walking to and from their units as well as visitors. All bicycles are to be walked to the outside sidewalk before getting on and riding.





The Battle of Gettysburg, fought from July 1 to July 3, 1863, is considered the most important engagement of the American Civil War. After a great victory over Union forces at Chancellorsville, General Robert E. Lee marched his Army of Northern Virginia into Pennsylvania in late June 1863. On July 1, the advancing Confederates clashed with the Union's Army of the Potomac, commanded by General George G. Meade, at the crossroads town of Gettysburg. The next day saw even heavier fighting, as the Confederates attacked the Federals on both left and right. On July 3, Lee ordered an attack by fewer than 15,000 troops on the enemy's center at Cemetery Ridge. The assault, known as "Pickett's Charge," managed to pierce the Union lines but eventually failed at the cost of thousands of rebel casualties. Lee was forced to withdraw his battered army toward Virginia on July 4. The Union had won in a major turning point, stopping Lee's invasion of the North. It inspired Lincoln's "Gettysburg Address," which became one of the most famous speeches of all time.

★ **Gothenburg** ★
Pony Express
Rodeo
JULY 3 & 4
 7 PM NIGHTLY
 8 AM SLACK BOTH DAYS

Rodeo Announcer
 Travis Schanda

ADMISSION -- ADULTS \$10
AGE 12 & UNDER \$5
AGE 5 & UNDER FREE

July 3rd - Kids Night
 All kids under age 12 Free
 Mutton Bustin' at 6 pm, sign up 5:30
 Calf Scramble during Rodeo

July 4th - Freedom Night
 All Veterans & Military Free

Presenting Sponsors
 ★ Pony Express Chevrolet
 ★ Home Agency
 ★ Gothenburg Chamber

Beer Garden Both Nights

Be sure to check out the beautiful bronze statue located at the Rodeo Arena donated by The Lass Jack Challenged & Family - designed by Chris Havener



© NMR, LLC

I'm as American as apple pie, if you don't mind a little extra crust.

Maxine

www.fox.com, copyright © 2007 - Maxine.com

Fireworks Show to begin after dark at Lake Helen.

SUMMER JAM

July 19th
5 P.M.—7 P.M.

Please join us for an exciting evening of good food, great people, and live music entertainment with Rascal Martinez from 5 P.M.—6 P.M.



Meat and tableware will be provided.
Please bring a side dish, salad, or dessert.

This event will take place in the N10 parking lot weather permitting, otherwise, we will move it to the Hillcrest Community Room. The parking lot will be blocked off at 3 P.M. so there will be no in or out traffic after this time. We ask that you bring your lawn chairs and dancing shoes!

Should you have visitors overnight that have a pet and you do not, you must pay a \$200 Pet Deposit in order for the animal to be in your unit. Contact the office if you should have any questions.



JULY IS

NATIONAL
HEMOCHROMATOSIS
SCREENING & AWARENESS
MONTH



Iron overload is usually caused by an inherited condition called hemochromatosis. Excess iron can poison organs, which can lead to conditions such as cancer, irregular heartbeat, and cirrhosis of the liver.

July is
SARCOMA AWARENESS MONTH



#CureSarcoma

#SarcomaAwareness

WWW.CURESARCOMA.ORG

Sarcoma is an uncommon group of cancers which arise in the bones, and connective tissue such as fat and muscle. In most cases, it's not clear what causes sarcoma.

Heat Exhaustion

ACT FAST

- Move to a cooler area
- Loosen clothing
- Sip cool water
- Seek medical help if symptoms don't improve

Dizziness

Thirst

Heavy Sweating

Nausea

Weakness



Heat exhaustion can lead to heat stroke.

Heat Stroke

ACT FAST

CALL 911

- Move person to a cooler area
- Loosen clothing and remove extra layers
- Cool with water or ice

Confusion

Dizziness

Becomes Unconscious

Heat stroke can cause death or permanent disability if emergency treatment is not given.

Red, White & Blueberry Fro-Yo Bark

Ingredients:

- 1 1/2 cups fat-free plain Greek yogurt
- 1 cup natural light whipped topping
- 1 1/2 tbsp. lemon juice
- 4 packets no-calorie sweetener
- 1 tsp. lemon zest
- 1 tsp. vanilla extract
- 1/2 cup blueberries
- 1/2 cup sliced strawberries

Directions:

Line a baking sheet with parchment paper. (If it won't fit in your freezer, use an 8" X 8" baking pan instead!)

In a medium-large bowl, combine all ingredients *except* berries. Mix until smooth and uniform. Spread mixture onto the baking sheet in a thin layer, about 1/4 inch thick.

Top with berries, and lightly press to adhere.

Lightly cover with foil and freeze until firm, at least 2 hours.

Slice or break into 6 pieces.



United States Word Search



Find all 50 state names and circle to complete

N F T R S Q R E N E W J E R S E Y D Y B V F E I I N
A L K V P E N N S Y L V A N I A X W J S L N C T V E
R O D A P N K L M X D E L A W A R E I I L E I E E W
I R H X N S P K I I H A L A S K A W I S R W O N R M
Z I N L U S M N N L C S L Q F Y D Y D R C Y W N M E
O D J S I Q A O P T L H T E X A S O A H G O A E O X
N A M I N N E S O T A I I F K F K M H O D R N S N I
A S O U T H D A K O T A N G R Q V I O D G K H S T C
Y G V O H I O S W S B P S O A V H N Q E P H Q E I O
N E W H A M P S H I R E N G I N P G Z I W T E E M N
L O D O A C O L O R A D O M I S S I S S I P P I A W
C R G R L K E N T U C K Y Z L E U N C L S C I N S E
O G Z E A A B Z X E K U M B O O L X O A N E N O S S
N I P G B O N A F R O V T A L K V H H N E M D R A T
N A N O A H A W A I I P I A R O L E I D V O I T C V
E P L N M V B K W A H T F R H Y U A B A A N A H H I
C E J S A B A R K A N S A S G C L I H P D T N D U R
T S O U T H C A R O L I N A I I M A S O A A A A S G
I N O R T H C A R O L I N A O A N A N I M N Y K E I
C D R C O B C A L I F O R N I A X I I D A A V O T N
U L L D E N E B R A S K A T X H A Y A N P N Z T T I
T W A S H I N G T O N H M I S S O U R I E R A A S A

ALABAMA
ALASKA
ARIZONA
ARKANSAS
CALIFORNIA
COLORADO
CONNECTICUT
DELAWARE
FLORIDA
GEORGIA

HAWAII
IDAHO
ILLINOIS
INDIANA
IOWA
KANSAS
KENTUCKY
LOUISIANA
MAINE
MARYLAND

MASSACHUSETTS
MICHIGAN
MINNESOTA
MISSISSIPPI
MISSOURI
MONTANA
NEBRASKA
NEVADA
NEW HAMPSHIRE
NEW JERSEY

NEW MEXICO
NEW YORK
NORTH CAROLINA
NORTH DAKOTA
OHIO
OKLAHOMA
OREGON
PENNSYLVANIA
RHODE ISLAND
SOUTH CAROLINA

SOUTH DAKOTA
TENNESSEE
TEXAS
UTAH
VERMONT
VIRGINIA
WASHINGTON
WEST VIRGINIA
WISCONSIN
WYOMING

July Fun Facts

Americans spend more than \$1 billion on fireworks annually.

In 1781, Massachusetts became the first state to declare the 4th of July an official state holiday.

Not all Americans gained freedom on July 4th.

@weareteachers

John Adams and Thomas Jefferson both died on July 4, 1826.

The Liberty Bell in Philadelphia is tapped 13 times every July 4th in honor of the original 13 colonies.

At least 30 places in the United States contain the word "liberty" in their name.

There have been 27 versions of the U.S. flag.



Americans consume approximately 150 million hot dogs every July 4th.

What are the 5 civil rights?



Our country's Constitution and federal laws contain critical protections that form the foundation of our inclusive society – **the right to be free from discrimination, the freedom to worship as we choose, the right to vote for our elected representatives, the protections of due process, the right to privacy.**

Hillcrest Social Club
Tennent's Associations Meeting
June 14, 2023

President Darleen called the meeting to order at 11:45, with 18 members present.

Darlene thanked Joni and Joyce for hosting the Taco Bar Lunch today. She said that Lucy and Karan are to host the Carry in Lunch on July 12.

Birthdays for June are Nancy, Alice, Karen M. and Savannah. We sung Happy Birthday.

The treasurer reported that we have a balance of \$348.00 in our account.

Bob said a good crowd was at Bingo last month. We need a volunteer to be the caller for this month's Bingo Games on June 27th. Tammy said she would do it.

Joni asked if we would be interested in have a hamburger and hot dog supper on July 4th. Then we could all watch the fire works together, in the lot behind the last row of Apartments.

We have two guests, Joyce's sister Marsha and Harriet's daughter Janice.

The Taco Bar Lunch was served at 12:00.

Ernest Blecha played the piano for us during lunch. He played many of our favorite old songs and we ending by singing God Bless America.

Karan

810 20th
308-537-7275
Fax: 308-537-3695

OFFICE HOURS

Monday thru Friday (except holidays)
8:00 AM to 4:30 PM
Website: www.gothenburg-housing.com
Facebook: Gha Authority

Mission Statement

The Gothenburg housing Authority is committed to providing adequate and affordable housing in a professional, fiscally prudent manner that sustains families, supports community needs, and promotes economic opportunity.




Equal Housing Opportunity

INDEPENDENCE DAY

A word search grid with words highlighted in pink. The words include: FAMILY REUNION, BILLY, RIGHTS, STAMP, ACT, M, Q, S, M, P, Z, H, E, S, N, Z, S, B, G, C, B, M, O, L, L, A, B, E, S, A, B, N, I, N, T, C, N, H, E, O, O, L, F, Z, S, K, B, A, O, F, R, I, M, T, A, Y, O, F, S, P, N, D, T, R, Q, U, H, B, V, Q, A, T, B, U, R, L, T, C, O, F, I, F, B, J, E, L, M, Y, E, M, D, N, N, C, S, L, G, U, V, B, Q, R, I, L, W, E, Z, M, I, B, E, E, S, I, P, I, N, N, E, A, C, D, T, R, E, I, D, N, E, V, D, M, K, T, A, B, I, D, R, G, O, O, A, S, E, S, F, O, C, R, V, N, R, C, N, E, H, I, E, C, R, H, N, U, O, R, S, I, M, K, B, R, O, E, G, R, S, N, I, O, O, U, R, G, A, N, N, A, C, A, W, E, W, N, L, T, A, G, G, Z, L, L, C, N, R, C, A, E, M, I, R, V, E, N, E, Y, W, F, N, S, H, U, K, V, I, E, N, S, A, E, V, O, R, O, D, O, E, A, T, W, N, L, W, P, P, V, S, V, R, P, R, G, I, C, B, Z, G, T, Y, E, I, W, Z, K, Z, E, Z, S, U, A, Y, I, F, A, A, Q, R, H, Q, N, S, U, V, A, D, I, L, O, H, Y, T, V, C, P, N, B, O, E, O, J, D, O, V, R, O, T, S, I, H, O, Z, S, E, A, N, L, E, R, I, N, D, E, P, E, N, D, E, N, C, E, S, V, L, H, E, J, G, S, X, Z, K, J, I, E, U, C, E, B, R, A, B, H, D, Z, R, I, I

Maintenance:
308-529-7714
308-529-7332

Executive Director: Gerri-308-708-0223
Admin. Assistant: Nancy-308-537-2275
Office Manager: LaDonna-308-529-2686

United States Word Search 

Answer Key

A 15x15 word search grid with words highlighted in red. The words include: NEW JERSEY, PENNSYLVANIA, DELAWARE, ALASKA, TEXAS, MINNESOTA, SOUTH DAKOTA, OHIO, NEW HAMPSHIRE, COLORADO, KENTUCKY, HAWAII, ARIZONA, ARKANSAS, SOUTH CAROLINA, NORTH CAROLINA, CALIFORNIA, NEBRASKA, WASHINGTON, MISSOURI, and IOWA.

HELLO JULY

Board of Directors

CINDY SOLLER	308-537-2125
KYLE FORNOFF	308-537-3600
JONI BIRNIE	308-529-1760
BRENNON MALCOM	308-537-2321
JILL RUBENTHALER	308-537-3668
CHEVAS SHAW	308-537-7119

July 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Battle of Gettysburg
2 Civil Rights Act	3 Pony Express Rodeo 7 PM 	4 Pony Express Rodeo 7 PM Office Closed Happy 4th! Coffee 9 A.M.	5 Nat'l Workaholics Day	6 HAPPY BIRTHDAY! Darlene	7 Coffee 3 P.M.	8 Nat'l Video Game Day
9  National Donald Duck Day	10 Comm. Rm. Reserved 1 P.M. Nat'l Kitten Day	11 Filters Coffee 9 A.M.	12 Carry-In Dinner 12 P.M. 	13 Nat'l French Fry Day	14 Coffee 3 P.M.	15 Nat'l Clean Beauty Day
16 Nat'l Cherry Day	17  Davius	18 Coffee 9 A.M.	19 Summer Jam 5-7 P.M. 	20 Farmer's Market 4:30-6:30 P.M. at Fresh Seasons Market	21 Coffee 3 P.M.	22 happy BirthDay  Carolyn
23 HAPPY Parents Day	24 Pioneer Day	25  2:00 P.M. Coffee 9 A.M.	26  Phillip	27 Farmer's Market 4:30-6:30 P.M. at Fresh Seasons Market	28 World War I Coffee 3 P.M.	29 Nat'l Lipstick Day
30  NATIONAL FATHER-IN-LAW DAY JULY 30	31 World Ranger Day					