



December 2021



HILLCREST HAPPENINGS

Sometimes the
magic
of Christmas is found in the
simple things.

This year's Christmas Dinner will be held on Wednesday,
December 8th.

The ham will be furnished if you would like bring
the
fixings to go with it!



December Elves: Joni B., & Connie S.

Sub: Joyce S.



The Christmas Coffee and Secret Santa gift exchange, will be held on
December 16th at 2:30 P.M.

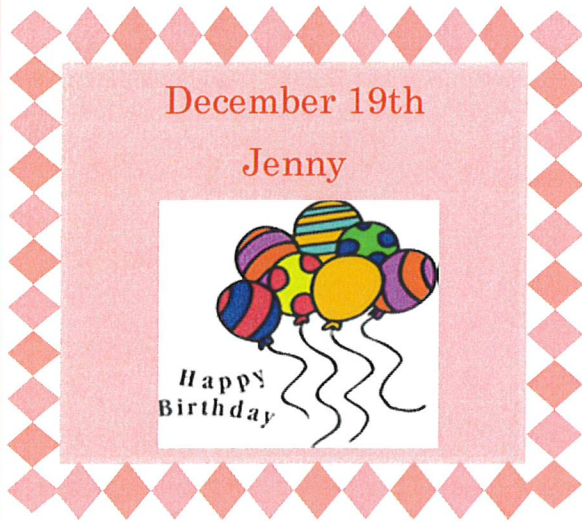
Please bring your favorite Christmas cookie or candy for all to enjoy.

If you would like to participate in the Secret Santa gift exchange,
please sign up in the Community Room by December 6th. You will be
able to draw for a name starting December 7th. There
is a \$10 limit on the gift.

You *do not* have to participate in the gift exchange to
come enjoy some social time!



December Birthdays



December Move-in's



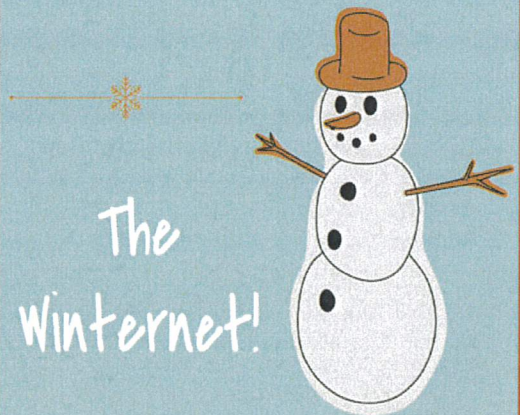
New Employee Welcome!

Hello Everyone! I'm Phillip Royce. I'm a graduate of Jacksonville High School in Jacksonville, Arkansas. I moved to Nebraska in 2005 with the Union Pacific Railroad. I'm married to Jennifer Royce. The love of my life. We have 7 kids, and 4 grandchildren. I enjoy playing the guitar, woodworking, and working on cars. As a family, we enjoy taking the kids to the park to let them run off extra energy. I'm excited to start this journey with the Gothenburg Housing Authority in the Maintenance Position!

WELCOME



Where do snowmen get the weather report?

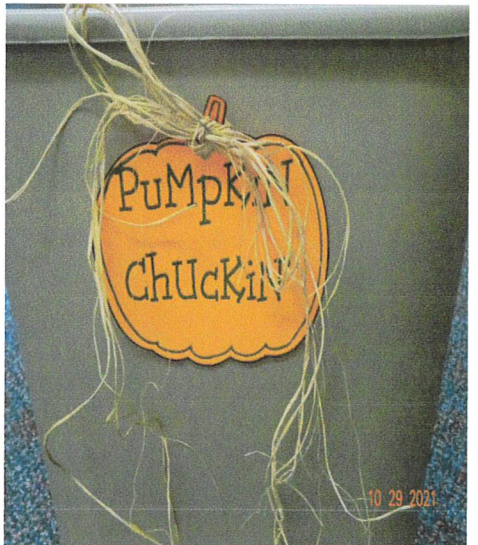
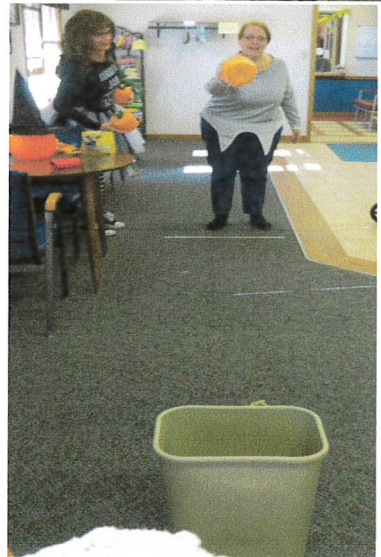


Q: What do snowmen eat for breakfast?

A: Frosted Flakes or Ice Crispies.



Halloween Party Fun Times By All!



On The Move Exer-



7 EASY EXERCISES

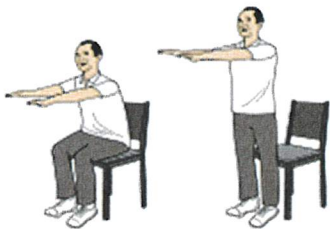
Try these exercises twice a week to build up your strength, balance and flexibility.

Warm-Up



1. Stationary March with Arm Swing/Seated March

Strength Exercises



2. Sit to Stand



3. Standing Hip Extension

Balance Exercises



4. Side Leg Raise



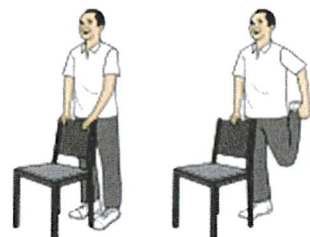
5. Single Leg Stand

Flexibility Exercise



6. Triceps Stretch

Cool Down



7. Standing Quadriceps Stretch





Happy Halloween



Sending out a big *THANK YOU* to all of our residents! The staff at GHS want you all to know just how much we appreciate you!

Thank You to all who came to our Thanksgiving Dinner. We hope everyone had a great Thanksgiving with family & friends!

Christmas Word Scramble

All the word below are related to Christmas. However, they
have all been muddled up!

Can you help by unscrambling them?



RATS _____

STHICMRSA _____

SMWANNO _____

TERE _____

LRDOHUP _____

RPSNETES _____

AANST _____

ALGNE _____

KTUERY _____

LHISEG _____

TDARNEICOOS _____





M&M Christmas Poem



As you hold these candies
In your hand,
And turn them,
You will see.
The M becomes a W,
An E, and then a 3.
They tell the Christmas story,
It's one I'm sure you know.
It took place in a stable.
A long, long, time ago.
The E is for the East,
Where the star shone so bright.
The M is for the Manger,
Where Baby Jesus slept that night.
The 3 is for the Wise men,
Bearing gifts, they say they came.
W is for Worship, Hallelujah, Praise His Name.
So as you eat these candies,
Or share them with a friend.
Remember the meaning of Christmas,

It's a Love story that never ends.

Attention:

All Christmas/Birthday/Sympathy etc.... cards need to be hand delivered or mailed to the person of whom it goes to. Cards *cannot* be taped to other people's mail boxes. Please *do not* leave Christmas Cards for people to pick up in the Community Room!

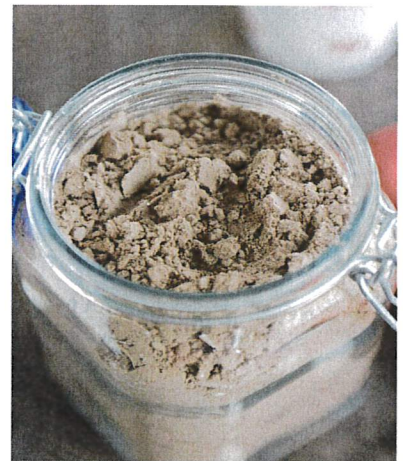
Homemade Hot Chocolate Mix

Ingredients:

- 2 cups confectioner's sugar
- 1 cup unsweetened cocoa powder
- 2 cup powdered milk or instant nonfat dry milk

Directions:

1. In a large bowl, sift the confectioner's sugar, then the unsweetened cocoa, to get rid of any lumps.
2. Stir in the powdered milk and whisk well until everything is combined.
3. This can be stored in an airtight container in the pantry for up to 6 months.



Reminder:

If you have a Maintenance issue, you need to call the office first for us to make up a work order so that we can get a hold of Maintenance to get your repairs done.

Thank you!

GOTHENBURG HOUSING AUTHORITY

810 20th
308-537-7275
Fax: 308-537-3695

OFFICE HOURS
Monday thru Friday (except holidays)
8:00 AM to 4:30 PM

Website: www.gothenburg-housing.com

Mission Statement

The Gothenburg Housing Authority is committed to providing adequate and affordable housing in a professional, fiscally prudent manner that sustains families, supports community needs, and promotes economic opportunity.



Equal Housing Opportunity

Christmas Word Scramble

Answers:

STAR
CHRISTMAS
SNOWMAN
TREE
RUDOLPH
PRESENTS
SANTA
ANGEL
TURKEY
SLEIGH
DECORATIONS

AFTER HOURS

Emergencies Only

Maintenance: Phillip- 308-529-7332

Greg- 308-529-7714

Executive Director: Gerri- 308-708-0223

Admin. Assistant: Nancy-308-537-2275

Office Manager: LaDonna-308-537-2686



Board of Directors

Cindy Soller	308-537-2125
Kyle Fornoff	308-537-3600
Joni Birnie	308-529-1760
Brennon Malcom	308-537-2321
Jill Rubenthaler	308-537-3668
Travis Pieper	308-537-7577