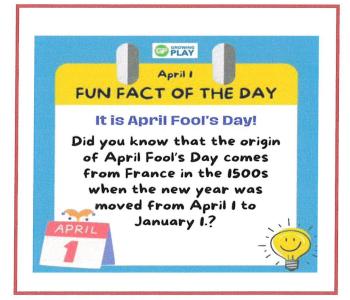


CRESTVIEW CHATTER



GOTHENBURG HOUSING AUTHORITY



MERRY CHRISTMAS!

Join us for a afternoon of Christmas Carols on April 1st at 2 P.M.

Songs/Coffee/Snacks
All ages welcome.



We will not be having a Dinner this month!



Fun Facts about the Month of April

April is named after the Greek goddess of love, Aphrodite.

On April 14, 1912, the famous Titanic Ship hit an iceberg and sank on her first and only voyage.

Notable historical people born in April include Leonardo da Vinci, Shakespeare, and Queen Elizabeth II.

Festivals which were planned for April included Parrilla, a day celebrating the founding of Rome.

In the Roman calendar, the fourth month April is spelled Aprilis, meaning "to open."











No Move in Anniversaries!



"Come home to piping hot pizza in letter box"



We've all been there-grabbing a takeaway pizza on the way home, only to find it is stone cold once you get through the front door. Now there is a simple answer-the worlds first heated letterbox.

It will make it possible to order a delivered pizza, knowing that it will be waiting for you when you arrive at home.

Pizza firms Domino's says its supersized Heatwave Letterbox will keep orders fresh and piping hot for up to 12 hours.

The "Door-mino's" invention, being unveiled today, will send a smartphone app message to say the pizza has been delivered. Replacing a traditional letterbox, the patent-pending ergonomic design featured as easy-fit heated food locking inside your front door.

Domino's said the letterbox, which also works for ordinary post deliveries, is packed with features including a junk mail filter and a pet repellent to stop the dog scoffing your meal.



Coming soon to our area....watch for the request date to get your box ordered.

Who is the herb's favorite singer?

Elvis Parsley!

Prepare for Spring Weather



Because spring weather is so unpredictable, you may be unprepared when severe weather hits—particularly if you live in a region that does not often experience thunderstorms, tornadoes, or flooding. When severe weather hits unexpectedly, the risk of injury and death increases, so planning ahead makes sense. Prepare for storms, floods, and tornadoes as if you know in advance they are coming, because in the spring, they very likely will.

Spring is the time of year when many things change—including the weather. Temperatures can swing back and forth between balmy and frigid. Sunny days may be followed by a week of stormy weather. Sometimes extreme weather changes can occur even within the same day. Mark Twain once said, "In the spring I have counted one hundred and thirty-six kinds of weather inside of four and twenty hours."

Thunderstorms cause most of the severe spring weather. They can bring <u>lightning</u>, <u>tornadoes</u>, and <u>flooding</u>. Whenever warm, moist air collides with cool, dry air, thunderstorms can occur. For much of the world, this usually happens in spring and summer.

Mini Ham Sandwiches

12-pack of King's Hawaiian Sweet Rolls

1 lb. cheddar cheese slices

1 lb. shredded or slice ham

Mustard

Spread mustard on the inside of each roll. Cut cheese slices in half. Place ham & cheese in the center of the rolls. Bake in a 350 degree oven for 15 minutes.

Yield: 12 sandwiches



Two flowers signify the month of April: the daisy and the sweet pea. The daisy symbolizes innocence, loyal love, and purity; but it also means "I'll never tell!" The oldest daisy on record is the *Bellis perennis*, known as Daeges eage (or Day's eye) in the Middle Ages because its petals close at night to cover the yellow center.

Today there are more than 90 varieties of flowers that are called daisies, and they come in red, yellow, purple, orange, blue, and pink colored petals, and vary widely in size. But they are, as director/writer Nora Ephron once wrote, "the friendliest flower."

The sweat pea signifies blissful pleasure, and are used to say goodbye. Sweet peas may be a pretty flower, but they are also one of the oldest food crops on our planet, domesticated by humans about 11,000 years ago.



WORD LIST

APRIL BASEBALL **BIRDS BLOSSOMS** BUMBLEBEE BUTTERFLIES CHICK **CLEANING CLOVER CROCUS** DAFFODIL DAYLIGHT **EQUINOX FLOWERS FORSYTHIA GARDEN JACKET** LADYBUG MARCH MAY **PICNIC PUDDLES RAINBOW ROBIN** SEEDS **SHOWERS SPRING**

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Parkinson's Awareness Month is observed in April. Parkinson's Awareness Month is an opportunity to increase awareness about the ailment and its symptoms, as well as to support victims. Parkinson's is a long-term disorder where the central nervous system degenerates and that affects the motor system. Motor symptoms like trembling, stiffness, and rigidity are usually associated with Parkinson's disease. Symptoms typically occur slowly. One side is often affected first, but as Parkinson's disease progresses, both sides are affected. Celebrities such as Muhammed Ali and Michael J. Fox were diagnosed with Parkinson's.

HISTORY OF PARKINSON'S AWARENESS MONTH

Parkinson's disease is a neurodegenerative disease that primarily affects dopamine-producing neurons in a certain part of the brain. It is a mobility disorder caused by a degenerative neural system dysfunction. Symptoms appear over time. At a summit in Luxembourg on April 11, 2005, the red tulip was unveiled as the global symbol of Parkinson's disease.

Tremors, movement, and balance difficulties, limb rigidity, and delayed muscle action are all symptoms of this slowly advancing illness. While each person's reaction to the disease differs, consequences are frequently serious. There is no cure for this disease, and additional research is required. Although awareness, medications, and information can help those who are impacted by the condition, they are not a cure. Symptoms are used to diagnose typical cases, with motor issues being the most common complaint.

Approximately 10 million people in the world have Parkinson's.

The Parkinson's Foundation has a weekly informative podcast. They have fitness classes for patients, as well as educational seminars. Exercise can greatly stem the symptoms of Parkinson's. Aerobic exercise helps build new pathways in the brain to replace those that were damaged. This leads to the improvement of motor symptoms. April is Parkinson's Disease Awareness Month because it is the birth month of James Parkinson. He was the London physician who published "An Essay on the Shaking Palsy" in 1817. He was the first physician to describe Parkinson's disease.





Wouldn't it be great if we could put ourselves in the dryer for a short time and come out wrinkle free and two sizes smaller



Earth Day is a yearly celebration which takes place on April 22. More than 193 nations organize Earth Day events, and they are coordinated by the Earth Day Network. The objectives for the events include sensitizing the global population on environmental concerns and demonstrating support for environmental protection.

WHEN IS EARTH DAY?

On April 22 every year, the world observes Earth Day. The observance of this day as Earth Day has been a tradition since 1970. The initial Earth Day celebration took place on the 100th anniversary of Vladimir Lenin's birthday. This coincidence gave rise to rumors which linked the event to communism. Once the rumors faded, the date was accepted worldwide as Earth Day. The Equinoctial Earth Day falls on the March equinox which is around March 20. This date marks the exact moment of the Northern Hemisphere's astronomical spring and the Southern Hemisphere's astronomical autumn

WHO IS CONSIDERED TO BE THE FOUNDER OF EARTH DAY?

The concept of Earth Day was first suggested by John McConnell, a peace activist who attended the UNESCO conference of 1969 held in San Francisco. McConnell envisioned a day where peace and the Earth would be honored, and he proposed the date March 21 the following year. This date was subsequently sanctioned in a proclamation drafted by McConnell and signed by U Thant, the then Secretary General of the UN. A month later, another Earth Day was created by US Senator Gaylord Nelson in the form of an environmental teach-in that was organized on April 22, 1970. Nelson invited Pete McCloskey, a Republican Congressman who gravitated towards conservation, to be his co-chair. Nelson drew inspiration from the student anti- war movements as he sought to make environmental protection a national agenda. Nelson later received the Presidential Medal of Freedom award for his efforts. Denis Hayes popularized the event in 1990 on a global scale and encouraged the participation of 141 nations.

HISTORICAL BACKGROUND

The 1960s was significant for the ecological movement in the US. There was widespread resistance to open-air nuclear weapon tests while in Nassau County, New York, grassroots activism was working in opposition to DDT. Air pollution was the order of the day where American industries released gases and sludge without fear of repercussion or bad press. The need to set aside a day to raise awareness for environmental protection was borne out of several factors. In 1969, an oil well off the coast of the city of Santa Barbara, California, exploded, spewing over three million gallons of oil. The well was a drilling operation of Union Oil Platform A, and the disaster resulted in the death of more than 10,000 sea lions, seabirds, seals, and dolphins. The disaster led to the mobilization of activists whose aims included the establishment of Earth Day in addition to environmental education and regulation. In 1962, Rachel Carson unveiled the book Silent Spring which proved to be influential in the realms of environmental pollution and the health of living organisms, selling over 500,000 copies in 24 countries.

GOTHENBURG HOUSING AUTHORITY

810 20th 308-537-7275 Fax: 308-537-3695

OFFICE HOURS Monday thru Friday (except holidays) 8:00 AM to 4:30 PM

Mission Statement

The Gothenburg Housing Authority is committed to providing adequate and affordable housing in a professional, fiscally prudent manner that sustains families, supports community needs, and promotes economic opportunity.





Equal Housing Opportunity



AFTER HOURS

Emergencies Only

Maintenance: 308-529-7714

308-529-7332

Executive Director:

Gerri- 308-708-0223





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Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	1	2 Commodities	Collect Rent at 2 PM	4	Carrot Day	6
National Coffee Day	8	9	Office Closed 9 AM to 1 PM CV Board MTG.	11	Grilled Cheese Day	13
14	15	16	Banana Day	18	19	20
21	dappy Earth Day	Jill B-Day Full Moon	24	25	26	Gerri B-Day
28	29	30				